

Bōrōro im jokwe ilo jikin eo ewor Zika ie?



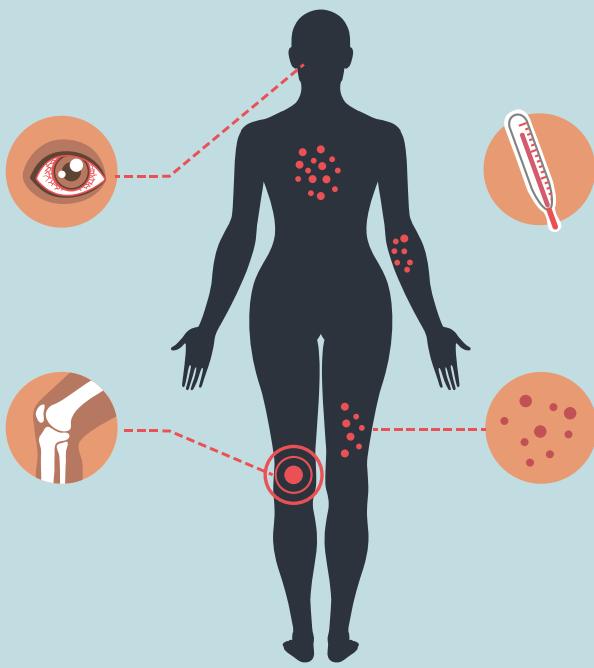
Ta eo jejeļā kake Zika

- Zika emaroñ leļok jān jinen eo ebōrōro ūn eo nejin ejjañin lotak.
- Jorrāān ko waļok jen Zika ilo iien eo kōj bōrōro emaroñ kōmman jorrāān ilo iien koļotak.
- Nañinmej kwomaroñ ajeedē ilo an ūnam kij eok.
 - » Ūnam kein ekkā wot air ikij ilo raan. Emaroñ in bar kij eok ilo boñ.
- Ejjalok wā ak uno ūn nañinmej in Zika.
- Zika jān leo ūn lio ilo iien babu ippān doon.



Ta eo jejjab jeļā kōn Zika

- Ewi joñān am maroñ in bōk Zika.
- Ewi joñān an naaj Zika kōkkure bōrōro eo am.
- Ewi joñān an Zika maroñ kōkkure ninnin eo nejūm.



Kakōlkōl ko an Zika

Armej ro eor Zika ippāer emaroñ in jab jeļā ke eor kij in ippān. Zika ejab lukkuun lab an iwōj jorrāān ko im ej waļok ālikin 2 lōk ūn 7 raan ko.

Errein kakōlkōl ko an Zika:

- Piba
- Kakilkil
- Metak mokoj
- Buroro mej

Elañe enaaj waļok kakōlkōl kein, etal ūn health center eo ak aujpitōl ilo iien eo emōkaj tata.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

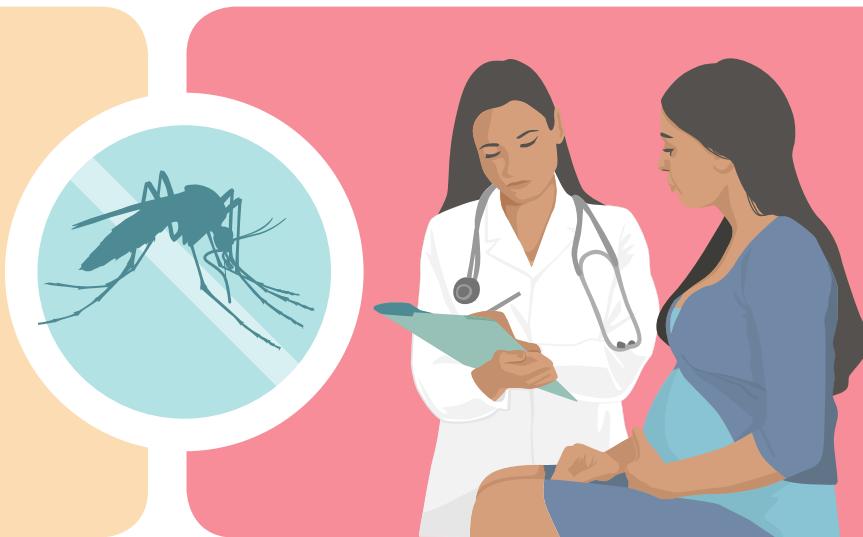
CDC ej kōmman kakkōl kein ñan ro im rej bōrōro

Bōrōro ke?

Kōrā ro rōbōrōro im lōmaro ro mōttaer rej aikuj lukkuun loori buñtōn kein ñan bōbrae er jān ñam.

Zika emaroñ ilok ñan bar juon ilo iien babu ippān doon, eļaňe leo eor kij in Zika ippān. Ñan kōjbarok eok make, emman eļaňe kwojab babu ippān doon, ak mōkaj im kōjberbal condom ko ilo iien eo kwōj bōrōro.

Eļaňe enaaj waļok kakōlkōl kein an Zika, ilok ñan health center eo ak aujpitōl ilo iien eo emōkaj tata ñan jeek.



Men ko rōnāj kōjbarok eok: Kōjbarok bwe ñam en jab kij eok

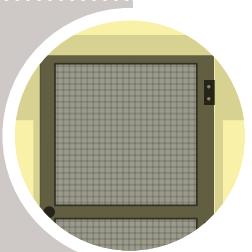
Nuknuk ko

- Kōnak aitok pā ko, aitok ne, im juuj.
- Büttüki nuknuk ko am kōn permethrin.
 - » Enaaj kōmman bwe ñam ko ren jab kij eok.
 - » Nuknuk ko kwōj büttüki kōn enaaj kōjbarok eok iumwin 6 wiik ak 6 kōttan air kwalí nuknuk ko.
- Jab kōjberbal permethrin ko ñan kilim. Büttüki wot nuknuk ko am.



Ñan kōjbarok ilo imoko

- Pād ilo air-condition ko ak kōjberbal winto ak kōjām ko eor ook ñan an ñam ko pād nabōj.
- Kiki ilo air-condition ak mweo eor ook ie. Eļaňe ejjelok ook kwōn kiki lo teiňam ko.



Kein bütük ko ñan ñam ak lojen ko

- Büttük in kaňamnam ak lojen ko āinwōt DEET elap an emman ñan ri-bōrōro im ñan ro rej kaainniňniň.
- Loori kōmmelele ko ilo bato eo.
- Ñan an emman jerbal, kwomaroñ in bar kōjerbale ālikin jet awa. Riiti ellaajrak eo ilo bato eo bwe kwon jelā ewi to in an naaj pād kab ewi ikkutkut in am kōjberbal e.
- Jab bütük ak liküt lojen ilo kilim iumwin nuknuk ko.

